



The Village In Howard Newsletter

Volume 6, No 3 • March 2018

NEWS FROM TVIH COMMUNITY

Improving Communication Among Members

Later this month the TVIH website will offer improved functions in the FORUMS section to enhance communication between members. [TVIH FORUMS](#) will be accessible to members only by logging into the website. FORUMS will offer [TVIH UPDATES](#) for quick announcements, program changes, upcoming events, etc. [MEMBERS SHARING](#) will provide an opportunity for you to post news and events that will be of interest to fellow members, e.g. local legislation affecting seniors, health screenings, new restaurants, etc. [CONTRACTOR REFERRAL](#) allows members to share contractor information or inquire about a resource for a specific service. [BUY, SELL & FREE](#) will serve members who are downsizing or looking for a unique item. **The flyer on the last page** of this newsletter gives all the details of this enhanced member benefit.

TVIH Art Gallery



We are honored to feature a rotating display of art work by talented TVIH members. The current display features art by Barbara Floyd, photography by Aaron Goldfarb and poetry by Charles Sternheim. Please stop by the TVIH Center to see them and consider offering to exhibit your work. Contact escholni@umd.edu for more details.

Aging in Community Gets Less Taxing... Maybe

State Senator Gail Bates introduced [SB 427](#) to authorize MD counties to extend real estate tax credits to seniors (65+ and veterans) who are property owners and have

lived in the county for at least 25 years. The credits could mean a reduction of the county portion of the property tax credit of 20% for up to five years. Current state law requires a homeowner to have lived at the same property for 40 years. The bill also provides for portability of the credits as a homeowner's needs change. It would, however, permit each county to make a determination as to how, or even if, it wants to use this new authority to provide tax relief to seniors.

PROGRAMS

Save the Date: TVIH Annual Member Picnic

June 3, 2018, 4pm-7pm
Details coming soon.



Credit Joy Cheung

Need to Cancel a TVIH Registration?

It is important to cancel your registration when unable to attend an event or a program, especially when a program is at capacity with a waiting list. Cancellations allow other members to register. Follow these steps to cancel a registration if no fee is involved:

- Log into the TVIH Home Page as a member
- Click on your name in the upper right-hand corner to go to your Profile
- Click on "Event History" in the box labeled "Financial / Historical Data"
- Find the program /event and click on the garbage can icon and confirm

If you prefer to cancel verbally, or a payment is involved, call office at (443) 367-9043.

MEMBERSHIP NEWS

Welcome New Members

Fred Butt – Columbia
Helena Seidel – Laurel
Lucinda Fran Ware – Columbia

VOLUNTEER NEWS

Welcome to New Volunteers

James Bouscaren –
Transportation and Handyman
Volunteer
Karol Hess – Membership
Committee
Michelle Laudadio –
Transportation Volunteer

TVIH Transportation Volunteers

Our transportation volunteers participated in a presentation provided by two physical therapists from NOVACare Rehabilitation. The demonstration showed proper



Credit Kathy O'Rourke

body mechanics to help volunteers protect themselves and riders while working safely. Our thanks to Clinical Director, John Batinelli, and Physical Therapist, Teresa Galligan, for offering their pro bono time and expertise to train volunteers.

A Game of Chess Anyone?

Can you spend 2 hours once or twice each month coaching teen

members of the Columbia Youth and Teen Center's Chess Club? They meet on Mondays from 4pm-6pm at The Barn in Oakland Mills Village Center. Howard County Police organize this program and need more coaches to provide ongoing support. If interested or want more information, email Vickie Tsitlik at vtsitlik@comcast.net.

TVIH Volunteer Opportunities

Interested in volunteering for TVIH? Please send inquiries about volunteer opportunities or your interests to volunteer@thevillagein-howard.org or call the office (443) 367-9043.

TVIH MONTHLY ACTIVITIES REQUIRING REGISTRATION

THERE ARE THREE WAYS TO REGISTER FOR AN EVENT:

- Visit the website at www.thevillageinhoward.org and sign in. After you have signed in, click on the "Calendar" tab for the activities for this month or for future months. Click on the activity you want to register for. If you are having difficulty registering on the website, please call the office at 443-367-9043.
- Call the TVIH Office at 443-367-9043 to register. If no one picks up, please leave a message and a volunteer will get back to you.
- Click this link to go directly to the website Calendar:

http://thevillageinhoward.clubexpress.com/content.aspx?page_id=2&club_id=855297&sl=504175908

Note: All events will take place at TVIH Center unless otherwise specified.

TVIH Players

Thursday, March 1st, 10am – 12pm

Showcase your creative talents and enthusiasm for amateur performance with a song, skit, reading or music.

Trivial Pursuit

Monday, March 5th, 2pm – 3:30pm

Enjoy an afternoon of fun and test your memory in a fast-paced memory game or other board games.

Elders' Collective Wisdom: Sense and Non-sense: Strategies with changes in your vision,

hearing and other senses

Thursday, March 8th, 11:30am – 1pm

Learn about changes in vision, hearing and other senses.

Bridge Group

Tuesday, March 13th, 1pm – 3pm

Tuesday, March 27th, 1pm – 3pm

Enjoy an afternoon of bridge with other TVIH members. Meet at Wegman's (2nd Floor), 8855 McGaw Road, Columbia, MD 21045.

Easy Yoga, Stretch and Guided Meditation

Tuesday, March 13th, 1pm – 2pm

Easy yoga demonstrates postures and stretches followed by guided meditation and relaxation.

The Village Readers

Thursday, March 15th, 10:00am –

11:30am (note new time)

Village Readers welcomes book

lovers. The discussion will focus on *My Name Is Lucy Barton* by Elizabeth Strout.

Here's to Good Health in 2018:

Living Well With Hypertension
Friday, March 16th, 10am - 12:30pm

The H.C. Office on Aging and Independence (OAI), in conjunction with TVIH, presents a workshop for people with hypertension.

Travel Near, Travel Far and Potluck:

A Walk Through the English Cotswolds

*Thursday, March 22nd,
5:30pm – 7:30pm*

TVIH members Jane & Kim Sherman will describe a walk through a quaint part of England. Meet at H.C. Central Library, 10375 Little Patuxent Pkwy, Columbia, MD 21044.

Your Kitchen Cabinet as Your Medicine Cabinet

Friday, March 23rd, 1pm – 2:30pm

Learn how to stay healthy using herbs and food already in your kitchen cabinet.

Instant Pot Cooking Demo and Tasting

Monday, March 26th, 2pm – 3:30pm

Enjoy an Instant Pot demo and

learn how to use this multifunctional kitchen appliance to make “one pot” meals. (Repeat program on April 16th, 2pm–3:30pm)

Museum of The Bible Guided Tour

Tuesday, March 27th, 8am – 4pm

A remarkable experience inside the 430,000-square foot new museum in D.C. Check out TVIH website for details, fee and registration.

My 3 Cents

Tuesday, March 27th, 2pm – 4pm

This discussion group is open to members and meets on the 4th Tuesday each month. Learn about the current month's topic(s) on TVIH website. Registration is required and seating limited.

COMING UP IN APRIL

Tour of Tiffany Windows, Brown Memorial Park Ave. Presbyterian

Thursday, April 12th, 9:15am

Travel Near, Travel Far & Potluck Dinner Colorado River Rafting

Thursday, April 16th, 5:30pm

Howard County G&T Jazz Ensemble Concert

Thursday, April 26th, 7pm

OPEN EVENTS: ALL ARE WELCOME

(No need to sign up, just show up; those who would like to learn about the Village are welcome to join us.)

Happy Hour: Famous Dave's

Tuesday, March 6th, 4pm – 6pm

Enjoy authentic, pit-smoked BBQ & made-from-scratch sides.

Sneakers and Coffee inside The Mall in Columbia

Every Saturday at 9am by the Apple Store, walk and coffee at Panera's.

Monday Morning Meanderings

Meet Every Monday, 10am – 12pm at Lake Elkhorn if the weather is above 35 degrees.

Lunch Bunch

*Every Wednesday, 11:30am – 1:00pm.
Meet in March at LeeLynn's, Ellicott City, MD.*

SUPPORTER:



The Village In Howard

Aging in Howard just got easier....

If you have problems with, or need information on:

Membership, email membership@thevillageinhoward.org

Volunteering, email volunteer@thevillageinhoward.org

If you would like to be removed from this email list, please email your name and email address to 4info@thevillageinhoward.org. We will not share your email address or personal information with anyone.

THE VILLAGE IN HOWARD

A FUNNY THING HAPPENED ON THE WAY TO THE “FORUM”

We are living in the “information age” and communication needs to be current, flow two ways, and be shared within an organization. To better enhance, yet streamline TVIH communication, all members are strongly encouraged to use an existing feature of our website. On the Home Page, when a member logs on, **FORUMS** are the 4th tab. They have been re-vamped to allow you to learn timely TVIH news, share your ideas, and learn from others. They are strictly for TVIH members’ use; the public cannot view our forums. We hope you will find this benefit of membership a helpful tool. Its value will be dependent upon their use. The more YOU use them, the more other members will benefit!

Go to www.thevillageinhoward.org. On the Home Page, log in as a member, click on the FORUMS tab where you will find 4 forums. Follow the directions under Using the TVIH FORUMS.

TVIH UPDATES: Existing members and newcomers will receive brief messages regarding relevant information affecting your membership including news that is timely and yet can’t wait for the monthly newsletter; deadlines; weather closings; change of event location etc. You will receive an email with the FORUM message. You will be automatically signed in for this forum and **should not** opt out.

MEMBERS SHARING: As a member YOU can post a brief item that you think will be of interest and important for all members to learn about e.g. public hearing on Columbia downtown, senior tax credits, plans for a new residential community, grand opening of a new restaurant. Any member will have the ability to post a reply. You will receive an email with the FORUM message. You may opt out of this FORUM; see HINTS.

CONTRACTOR REFERRAL: YOU can post an item regarding a professional service that you’d like others to know about or inquire for suggestions about a contracting need. e.g. Any suggestions for a reliable painting contractor? Tax accountant? Sam’s Shoveling has the best rates and fastest service on snow removal @410- 222-2222. You may opt out of this FORUM; see HINTS.

BUY, SELL & FREE: Post your offer of old LP albums for \$2 each; give away your piano or sell your second car; ask for a reasonably priced set of bunkbeds. You may opt out of this FORUM; see HINTS.

Note that you have the choice of opting out of any of the TVIH FORUMS. The instructions are on our website under Using the TVIH FORUMS. However, we ask you to keep TVIH UPDATES so that you will not miss important TVIH news. Since we are a virtual village, we strongly suggest that every member use the FORUMS to keep connected and share information.

HINTS:

- You will receive an email alerting you that there is a new message in any FORUM that you choose to have access to.
- You can delete email from the FORUM.
- ALL members will receive the email alert and messages from the TVIH UPDATES forum. Please do **not** opt out of this FORUM. Messages will be limited, brief and relevant to current activity of TVIH.
- You can opt out of Members Sharing; Contractor Referral; and Buy, Sell & Free FORUMS by: 1) Signing in as member on the TVIH website 2) Click on arrow next to your name in the upper right corner 3) Click on Forum Memberships and opt out by clicking the red circle.
- All postings will be vetted (reviewed) within 24 hrs. on Mon.- Fri.
- Existing forums are being removed, except Contractor Referrals.
- You can post replies to the sender alone or to everyone via the website.
- If you have a suggestion, let us know at 4info@thevillageinhoward.com